You should spend about 40 minutes on this task.

Write about the following topic:

Most developed countries spend a large proportion of their health budgets on expensive medical technology and procedures. This money should be spent instead on health education to keep people well. To what extent do you agree or disagree with this opinion?

Give reasons for your answer and include any relevant examples from your own knowledge or experience.

You should write at least 250 words.

SAMPLE1.

In today’s rapidly developing society, health issue is becoming one of the most prominent concerns. Many suggestions have been given to guarantee people’s health and most countries choose to invest in medical technology and procedures. However, instead, health education can be applied more effectively in order to prevent people from illness and diseases. Each method displays its undeniable advantages.

First of all, it is proven that advanced medical technology contributes greatly to the researches of diseases. For hundreds of years, epidemics have been springing up without a sign of decline. Therefore, with the help of high medical technology, new viruses and bacteria can be discovered and studied for cures. Another reason to prove latest medical apparatuses relevant is the fact that it ensures proper diagnosis. As a result, patients will receive appropriate treatments, saving a lot of their time and money from eliminating false detection.

Despite the benefits of upgrading medical facilities, it is essential for the government to spread knowledge and information regarding health care to the community. As society grows, people change their lifestyles which directly affect their health. Bad practices like consuming fast food, poor postures, drinking alcohol and smoking can lead to serious illness relating to blood pressure and vital organs. Hence, if the community is fully acknowledge of the sequences, the problems above can be lessened. Furthermore, educating people to take right actions on diseases like AIDS, bird flu and other infections would make vast contributions in avoiding them.

In conclusion, whether it is to spend high budgets on medical technology or to provide health education, both ways can better people’s lives. To my way of thinking, the government should balance the two methods in order to acquire the best results.
Health is one of the most important sectors of the government. Therefore, proper allocation and prioritization of health budget is necessary. There are those who suggest that disease prevention is to be the main focus.

It is important for a nation to maintain and promote the health of its citizens. This can be better achieved by way of health education and preventive measures such as diagnostic procedures. Focusing more on actions to prevent the occurrence of critical and long-term diseases would greatly decrease the costs that the government usually allots on health.

Another significant benefit is that educating the masses on health increases the awareness and knowledge of the people on proper health practices and hygiene. Moreover, promoting diagnostic procedures such as Computed Tomography Scan (CT Scan) enables early detection of signs of medical conditions which at that time can still be easily managed.

In addition, funding disease prevention projects such as programs on aerobics and cardiovascular exercises can significantly lower the mortality and morbidity rates of diseases as well as increase the level of fitness of a person. Furthermore, the prevalence of epidemic diseases will be lessened or even be eliminated.

In conclusion, the quotation, “prevention is better than cure” speaks of the truth. The government and the individuals would benefit more if disease prevention and health education are prioritized.